

- I. Arrows still fly today!
- A. Often, arrows seem to emanate from people
- B. Actually, arrows come from the enemy
- C. Receiving the arrows brings heart damage
- II. The Lord knows this arrow
- A. On earth, Jesus faced almost constant rejection
- B. He didn't receive the rejection
- III. How to beware and take care of this arrow:
(protection, poison prescription)
- A. Use God's armor to stop receiving rejection
- B. There's one way to remove the arrow and counteract the poison of rejection

II Kings 6:17

Ps 57:4; 64:3;
I Sam 20:30-33;
II Sam 6:20

Zech 3:1; Rev 12:9-10;
Prov 18:21

I Sam 20:30-34;
II Sam 6:20-22; Ps 9:9-10;
Ps 23:1-6; 27:5-6, 10;
Is 41:9-13; 49:15-16a;
Eph 1:3-8a; I Pet 2:9-10

I Cor 8:6; I Pet 1:1-3

Isa 53:3; John 1:11;
John 7:5; Ps 41:9;
Matt 27:1, 22; 26:56b;
Matt 27:45-46

II Cor 5:21; Prov 21:28

Matt 4:1-10; Rom 3:21-24;
II Cor 5:21

Matt 18:34-35

¹³ Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. ¹⁴ Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, ¹⁵ and with your feet fitted with the readiness that comes from the gospel of peace. ¹⁶ In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. ¹⁷ Take the helmet of salvation and the sword of the Spirit, which is the word of God.

Rejection Checklist
Northwest Family Ministries - 2001

- Being self accusing - continually point our/your errors, finding fault in all you do
- Being aggressive - acting hostile or offensive or oppressive to keep others at a distance
- Being anxious - being distressed or worried that others won't like you
- Being argumentative - being disagreeable, starting fights; hurt them before they hurt you
- Being arrogant - seeing yourself as more important, superior
- Unholy burden bearing - taking on the fault for misbehavior of another
- Refusing comfort - not allowing yourself to be relieved of pain or grief
- Refusing to communicate - not wanting verbal interaction with others
- Being self condemning - feeling guilty

- Being controlling - if I can control them, they won't reject me
- Being critical - If I point out their faults they won't look at mine
- Deflecting - shifting blame off of yourself onto another situation or person
- Dependency - excessive reliance upon others for affirmation, provision, etc.
- Being depressed - nobody likes me, everybody hates me, who would want me
- Discontentment - not being satisfied with achievements, conditions or people
- Being envious - Resentful discontent of another's advantages
- Excessive expectations - setting higher standards than are able to be met
- Fearing failure - If I do "this" and fail, they won't accept me
- Being hard of heart - I will be devoted to no one; I won't let anyone "in"

- Being self-hating - to intensely dislike or have an aversion to yourself
- Being hostile - not friendly or hospitable to anyone, caustic
- Feeling inadequate - I don't have what it takes
- Feeling inferior - everyone is so much better than I am
- Being insecure - having no confidence that you can succeed or excel
- Being jealous - having suspicious feelings of fears about another
- Being manipulative - to unfairly influence behavior or emotions of another
- Having mind battles - creating arguments in your mind and not addressing them to the person in question
- Being negative - seeing the downside, lacking optimism, constructiveness, or helpfulness
- Fearing other's opinions - believing a negative response indicates a negative opinion of you as a person
- Being an overachiever - ambitious goal to achieve more, perform better than is usual or expected

- Being overprotective - providing protection in excess of need
- Being a perfectionist - maintaining an unrealistic ideal, thinking that if you make no mistakes, no one will have cause to think badly of you
- Being performance oriented - believing your performance directly relates to your level of esteem from others
- Being pessimistic - a tendency to focus on the disadvantages or to expect the worst outcome
- Being possessive - desiring to be the only influence on someone, putting undue value on material assets
- Being rebellious - a person who resists authority, control or tradition
- Scoffing - scornful disapproval, thought to be unworthy of notice or response
- Having self-pity - a self indulgent attitude concerning one's own difficulties
- Being self-righteous - smugly moralistic attitude, intolerant of the behavior or values of another

- Striving - to contend in opposition causing conflict
- Underachieving - to perform below the potential, to achieve less than expected
- Withdrawing - to pull back from contact with others
- Being a workaholic - being consumed with work to the exclusion of interaction with family and friends
- Worrying - to torment one's self with the distressing thoughts, to question reliability, to live in "what if's"